* **Goal 1**
* I want to have the fraternity have learn as much as they can and get the best grades they can from their classes. This is one of the most important parts about being at collage.
* *Problem 1*
* It’s hard to do collage work because I can’t concentrate/ there are tons of things distracting me.
* *Solution 1*
* Stuff that distracts people can range from small things here and there to events that can take up a whole night. All these distractions take up tons of time. This issue can be fixed with some time management.
* Allow yourself time to be away from your studies with your mind completely free. People do not enjoy free time nearly as much when they have something that needs to be done, and most definitely have a hard time concentrating when they feel like they have hours of work piled ahead of them because they left it all piled for one night. Knowing that there is a stress free brake ahead is a great incentive to continue working hard until your next breaks.
* Make a schedule maybe?
* Main Ideas
* -Routine. Getting into the habit of studying effectively and separating work and play can greatly increase the easy of your work and the enjoyment of your relaxation.
* -Organization. Keeping your self in order will keep you in check. Structure and guides can help keep you from slipping up.
* -Less Stress. The method itself helps stress during work and the effects can also lift some stress caused by struggling in class.
* -Discipline. It’s easy to slip. Use this method, and any others that work for you, to help not only stay on track but also make it easier to *keep* on track all together.
* *Problem 2*
* This material I’m learning in SNM 101 is really hard am I’m just struggling to keep up! (Note: this problem implies you’ve been trying in the class and aren’t miles behind. If you are very behind, see next problem)
* *Solution 1*
* You can always ask a brother for help. Chances are, there is at least one person who has taken the same class as you already.
* Go to a study group. Working in a group is a great way to learn about different ways to study, think, and learn material more effectively.
* Grab a tutor. Most departments offer them.
* Go see your professor about it.
* Essentially, go find some outside help. There is no shame in not knowing what you still have to learn. I can help facilitate this stuff. If you are having trouble finding help, I will try my best to get you in contact with the right people.
* Main Ideas
* -Communicate. It is the first step. If there is an issue going on with one of your classes, vocalizing it is the only way to begin solving the problems.
* -Initiative. You got something that needs to be done that might not be so easy. GO FOR IT.
* -Perseverance. Sometimes it is hard to get help. It can be a confusing process and many times unclear when looking for the right person to contact. It is also important to continue asking even if things look like they aren’t improving.
* -Humility. It’s easy to feel as though we’ve fixed out problems even when they haven’t exactly been solved. Really ask yourself whether or not you can stop going for help.
* *Problem 3*
* FUCK. So I basically partied my ass off this semester and now this mid-term’s coming and I don’t know shit. What the fuck am I supposed to do I’m so boneddddd.
* *Solution 2*
* Well, first thing is that you shouldn’t do that because grow up and do your work like a big kid.
* Secondly, meet with me so we can make a game plan. These sorts of conundrums are rather stressful and need planning in order to successfully overcome them.
* Expect to be in a no-fun zone until you are back on track.
* Main Ideas
* -Don’t be an idiot
* -If you are an idiot, be SUPER humble. You fucked up, fix it.
* -Courage. It takes a lot of balls to not just let your self fall off the horse, even when it seems like nothing can be done.
* -Discipline is incredibly necessary for obvious reasons.
* -Organization. In dire times, even the greatest efforts can fall short because of a lack of efficiency. Maximize our chances of making it
* **Goal 2**
* I want to help people achieve their career and academic ambitions outside of University of Rochester.